

Goosnargh Whitechapel Primary School

PSHE Curriculum: Intent, Implementation and Impact

Intent

Personal, Social, Health and Economic Education, including Relationships and Health Education, is central to our school values and ethos. It is woven through school life, relationships, routines and wider opportunities, as well as being taught explicitly. Our curriculum aims to enable every child to become a healthy, safe, independent and responsible member of society who shows respect, tolerance and compassion.

- **Aspirations and achievement:** pupils are encouraged to recognise their strengths, develop positive attitudes towards learning, set meaningful goals and understand the commitment, choices and perseverance needed to achieve their ambitions.
- **Rights, responsibilities and citizenship:** pupils learn how rights and responsibilities shape everyday life and how they can contribute positively to an increasingly diverse society. They consider the moral, social and cultural questions that arise as they grow up in modern Britain.
- **British values and respect:** pupils develop a secure understanding of democracy, the rule of law, individual liberty, mutual respect and tolerance. They learn to listen to different viewpoints, value diversity and treat all people fairly and with dignity.
- **Health, wellbeing and resilience:** pupils understand how physical and mental health are connected, develop emotional literacy and learn practical strategies for managing feelings, coping with challenge and becoming confident, resilient young people prepared for transition to secondary school.
- **Safe and positive relationships:** pupils understand themselves, develop empathy, communicate effectively and form and maintain healthy relationships. Through age-appropriate Relationships and Health Education, they learn about boundaries, privacy, consent, respect and where to obtain help.

Implementation

The curriculum is predominantly based on the Coram SCARF programme. We supplement this core curriculum with resources and materials from The Christopher Winters Project (for Relationships and Health Education), Kidsafe (with a Safeguarding focus), Project Evolve (with an online Safety focus) and Pol-Ed (a police led education programme with a focus on the law, rights & responsibilities and Wellbeing). Our Curriculum meets statutory Relationships and Health Education requirements and complements other areas of the curriculum including Science and Computing.

The core curriculum follows Coram SCARF through progressive units titled **Me and My Relationships, Valuing Difference, Keeping Safe, Rights and Respect** and **Being My Best**.

In the Early Years Foundation Stage, children name feelings, form friendships, recognise differences, identify trusted adults and begin to understand personal safety. In Key Stage 1, pupils manage feelings, build friendships, recognise bullying, understand privacy and consent, make healthy choices and seek help.

In lower Key Stage 2, pupils explore peer influence, diversity, stereotypes, online risks, substances, money and community responsibility. In upper Key Stage 2, they evaluate risk, media, online information and financial choices, and learn about puberty, consent, the law, democracy, sustainability and aspirations.

By the end of Year 6, pupils communicate respectfully, protect their wellbeing, manage risk, challenge unsafe or discriminatory behaviour, seek appropriate support and identify realistic future aspirations.

PSHE is taught weekly, supplemented by assemblies, visitors, themed events and practical safety programmes. Lessons are adapted to meet the needs of each individual class and pupils and to deal with issues as they arise. Where any concerns are highlighted through the contents of a lesson, staff will follow the school safeguarding procedures. We work in partnership with parents informing them about what their children are learning.

Impact

At Goosnargh Whitechapel, our PSHE, Relationships and Health Education curriculum plays a key role in developing pupils into kind, respectful and responsible members of society. Through their learning, children build confidence, resilience and independence, enabling them to make positive choices and become active participants in school and wider life.

The impact of our curriculum is evident in the way pupils interact with others, approach challenges and contribute to our school community. They demonstrate empathy, tolerance and respect for different viewpoints, while developing a strong understanding of how to maintain healthy relationships and keep themselves safe.

As they move on to secondary school, our pupils are well prepared for the opportunities and challenges that lie ahead. They leave with the knowledge, skills and attitudes needed to make informed decisions, look after their physical and mental wellbeing and succeed in an increasingly diverse and rapidly changing world.

We evaluate the effectiveness of our PSHE curriculum through a range of evidence, including pupil discussions, learning walks, work reviews and assessment opportunities. We also consider pupils' confidence, behaviour, relationships, independence and their ability to transfer their learning beyond the classroom. This helps us ensure that the curriculum continues to have a meaningful and lasting impact on all learners.